



CUB SCOUT ACADEMICS AND SPORTS PROGRAM



Sports Soccer

Belt Loop

Complete these three requirements:

- _____ 1. Explain the rules of soccer to your leader or adult partner.
- _____ 2. Spend at least 30 minutes practicing soccer skills.
- _____ 3. Play a game of soccer.

Sports Pin

Earn the Soccer belt loop, and complete five of the following requirements:

- _____ 1. Participate in a pack, school, or community soccer tournament.
- _____ 2. Demonstrate the skills of passing, collecting, shooting, heading, dribbling, and tackling.
- _____ 3. Demonstrate skill in goal keeping.
- _____ 4. Accurately lay out a soccer field for a game.
- _____ 5. Demonstrate five types of fouls and explain why players should avoid them.
- _____ 6. Demonstrate how to juggle the soccer ball and keep it from touching the ground for 30 seconds.
- _____ 7. Play at least two games of Soccer Tennis.
- _____ 8. Spend at least a total of six hours playing soccer. Keep track of your time on a chart.
- _____ 9. Join a soccer team in your community or school.
- _____ 10. Attend a high school, college, or professional soccer game.
- _____ 11. Learn about a U.S. Olympic soccer team and report your information to your den.
- _____ 12. Explain the history of soccer.

Cub's Name: _____ Parent's Signature: _____

Initial each item completed, sign the form, and turn in to your son's Den Leader.